

## **Mindsets Matter — Choose Hope!**

**Learning Targets:** (To be posted where students, teachers, and administrators can easily reference.)

- 1) I CAN Live the 3R's: Respect, RightLife and Responsibility.
- 2) I CAN Choose HOPE — Having Only Positive Expectations
- 3) I CAN take charge of my mind.

**Key Questions** for students to answer as they watch the video..  
(To be posted with Learning Targets)

- 1) How do I take charge of my mind?
- 2) Why do my thoughts matter?
- 3) How can I help myself?

**Heart of the Lesson\*** (The heart-change purpose as it relates to the overall Mission and Vision.)

Positive Purposeful Proactive people set their minds on HOPE. They understand every person has within them the Capacity to tap into the Inner Strength of our Human Design and purpose our lives toward Goodness.

Taking charge of our thoughts, words and actions is a willful choice. This can move us toward living as 3R people who optimally understand the Strength of the ELGLBHAV habits!

We can Live persevering toward HOPE. We can determine to pursue our Best Self Potential and help others to do the same. This creates a world where everyone is Respected and seen as Valuable. Our mindset matters—Choose HOPE.